

# Non-Green Cleaners

## Chemicals to Avoid

Alkylphenol ethoxylates (APEs)  
Butyl cellosolve (aka: ethylene glycol monobutyl ether)  
Petroleum-based ingredients  
Chlorine and Ammonia  
DEA and TEA  
Fragrances  
Triclosan

## Signals to Look For

### Words such as:

- Hazard
- Poison
- Danger
- Caution

### vague Claims:

- Non-toxic
- Biodegradable
- Ecologically Friendly

# Do It Your Self Cleaners

Baking soda: provides grit for scrubbing and reacts with water, vinegar or lemon by fizzing, which speeds up cleaning times.

Borax: disinfects, bleaches and deodorizes. Handy in laundry mixes.

Distilled white vinegar: disinfects and breaks up dirt; choose white vinegar over apple cider or red vinegars, as these might stain surfaces.

Hydrogen Peroxide: disinfects & bleaches.

Lemons: cuts grease.

Olive oil: picks up dirt and polishes wood, cheaper grades work well.

Vegetable based soap: non-petroleum all-purpose cleaners.

Washing soda: stain remover, general cleaner, helps unblock pipes; should be handled with gloves due to its caustic

nature. Washing soda is usually found in the laundry aisle of grocery and drug stores.

## Green Cleaners

### Signals to Look For

- Recyclable Packaging
- The Green Seal
  - Certified to work at least as good as other products and is tested to be safe for you and the environment.
- The Leaping Bunny
  - Follows the Corporate Standard of Compassion for Animals